

maples teesdale

# Press Release

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## Maples Teesdale advises Avignon on recent letting to F45



Maples Teesdale are pleased to have acted for Avignon on the recent letting to F45 Training at West End Quay, Paddington.

F45 Training is a global fitness franchise, established in Australia in 2013, offering 45-minute HIIT (high intensity interval training) circuit training classes in boutique studio environments.

Sarah Page, Asset Manager at Avignon Capital said: "The recent letting to the Australian gym operator F45 Training on the Paddington Basin, is exactly the type of operator that we wanted to attract at West End Quay and has already played an important role in helping to create a real destination for the local residents and office occupiers alike."

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